

SENIOR NEWSLETTER NOVEMBER 2016
MUNICIPAL AGENT FOR THE AGING/SENIOR SOCIAL SERVICES
EASTON SENIOR CENTER ALISON WITHERBEE 203-268-1137
MONDAY – FRIDAY Hours: 9 AM to 2 PM
OUTREACH PAM HEALY 203 261-0289

Dear Friends,

This newsletter is so full of information and events so I'm going to be brief so as to leave room for all of the important stuff! There's still time to fill out **Fuel Assistance** applications so call if you have questions about whether or not you may qualify. Don't forget **Daylight Savings** time is **Sunday November 6th** so we fall back on Saturday night!

Happy Veteran's Day and Happy Thanksgiving!!!!

MEDICARE OPEN ENROLLMENT

My second and last Open Enrollment workshop with the CHOICES counselors will be on **Tuesday November 15th from 10 am to 2 pm**, there are still some slots left so if you want to come in and review your insurance choices please call my office. It is always a good idea to review to make sure that your medication will be covered on your plan's formulary. If you are a "snow bird" then check to see if your plan contracts for out-of-state coverage – if not, then ask your doctor if it is possible to write for a 90-day prescription, and whether or not he/she will continue to accept your plan.

TEEN TECH: Technology Support for Seniors

On **Tuesday November 29th from 2:30 to 4 pm** one of my daughter's best friends will be holding a Technology Support program for seniors. She is a Jr. at JBHS and a Girl Scout going for her GOLD award (the highest honor achieved). She will answer any technology questions you might have, troubleshoot a computer problem and provide you with support on all things related to technology!

Please turn over this page for more details... don't miss this!!!!

Reminder Daylight Savings Time Ends November 6th

Turn your clocks back Saturday night the 5th and remember that this is a good time to check your CO2 (Carbon Monoxide) detectors and change the batteries in your Smoke Alarms!

The Commission for the Aging will meet this month on Tuesday November 1st at The Easton Senior Center at 5 pm.

Please, call Pam Healy to arrange a visit. She is a caring listener, and has valuable information about the social services programs and resources available to you. As your **Easton Outreach Visitor**, Pam is available to you with just a phone call 203-261-0289.